

VOYAGE WELLNESS

at **DORP**
HOTEL

SIGNATURE MASSAGE RITUALS

THE ODD BOTANIST MASSAGE – 60MIN R1,235 | 90MIN R1,625

Inspired by the Cape's botanical gardens, this restorative massage combines fragrant oils with fluid, grounding strokes for deep renewal. (Relaxing Swedish Massage)

THE DORP AROMATIC MASSAGE – 60MIN R1,250 | 90MIN R1,600

A bespoke aromatherapy ritual, using The Dorp's signature fragrance blend of herbs, florals, and woods to calm and restore.

THE TRAVELER'S RENEWAL – 60MIN R1,300

A ritual designed for the weary voyager: gentle lymphatic strokes and energy balancing to ease jetlag and fatigue.

SIGNATURE JOURNEYS

THE DORP ESSENCE JOURNEY – 2HRS R3,000

Aromatherapy Massage (60min) + The original Facial (60min) + Herbal Foot Soak.

THE VOYAGER'S RENEWAL – 90MIN R2,200

A full body massage and reflexology blend, perfect for restoring energy post-travel.

A COUPLES RETREAT – 90MIN R3,500

A couple's shared massage and body scrub with bespoke aromatics, designed to be both intimate and restorative.

ADD ON

- Full Body Exfoliation **R550**
- Detoxifying Body Wrap **R800**
- Deep Tissue Techniques **R300**
- Hotstone **R300**

FACIAL CEREMONIES BY TEAM DR JOSEPH

Science, nature, and soul harmonize in Team Dr. Joseph treatments, blending high-tech precision with botanical intelligence for effective results and restoration.

THE GLOW OF DORP – 45 MIN R1,200

A purifying facial designed to refine and balance, leaving skin fresh and clear.

THE ORIGINAL – 60MIN R1,350

A sensory fusion of Dorp's signature botanicals and Team Dr Joseph's pure formulations. A ritual of balance and botanical brilliance.

HOLISTIC TOUCH THERAPIES

THE CROWN RENEWAL – 45MIN R650

Inspired by ancient Indian head massage, this ritual nurtures the crown with aromatic oils, melting away stress.

THE PATH OF RESPECT – 45MIN R650

A grounding ritual rooted in reflexology to balance inner systems and renew energy flow.

SOUND & STILLNESS IMMERSION – 20MIN R350 (ADD-ON)

Sound and breathing meditation ritual with some pressure point release.

HANDS & FEET

BOTANICAL MANICURE RITUAL – 60MIN R620

A luxurious hand ceremony with aromatic soak, exfoliation, massage, and polish.

BOTANICAL PEDICURE RITUAL – 60 MIN R700

Herbal foot soak, exfoliation, nourishing mask, massage, and polish for complete renewal.

ADD ON

- Gel polish **R150**
- French finish **R100**
- Heel Peel **R250**
- Hand/foot massage (15min) **R180**

IMPORTANT INFORMATION

Additional Services:
Waxing, lash and brow shaping, and makeup are available upon request via pre-booking only.
Medical Aesthetic treatments with Dr. Navani are available on Saturdays and Sundays by prior appointment.